



MORNING ROUTINE AND CHECKLIST

- BRUSH TEETH**
- SHOWER OR TUB**
- GET DRESSED**
- TAKE MORNING MEDICATIONS, IF NECESSARY**
- EAT BREAKFAST**
- GO TO BATHROOM**
- BRUSH TEETH**
- PACK LUNCH IN BACKPACK**
- PACK \$\$ FOR LUNCH IF NOT BRINGING LUNCH**
- PACK ANY HOMEWORK OR TEXTS THAT DID NOT MAKE IT TO BACKPACK LAST NIGHT**
- PACK ANY NOTES FOR TEACHERS**
- MAKE SURE HOUSE KEY PACKED IN BACKPACK**
- MAKE SURE CELL PHONE IS PACKED AND CHARGED IN BACKPACK**
- KISS MOM/DAD GOODBYE**
- HAVE A GREAT DAY!**